

Equality in Caregiving

Facilitating Caregiver Mastery among LGBT Caregivers of PLWD

What is Equality in Caregiving?

This is a clinical trial to gather data on the diverse LGBTQ caregiver community in order to discover the unique obstacles they face in their role and what resources can be provided to make their role easier, as well as to develop a caregiver training program to address the unique challenges faced by lesbian, gay, bisexual, and transgender informal caregivers of people living with dementia. Our goal is to improve caregiver mastery and mood, and reduce stress in LGBT caregivers of loved ones and friends with dementia.

What is involved in participating?

- Caregiving and Health Questionnaires (electronic- for all LGBT caregivers)
- Four online instructional videos for caregiver mastery (for dementia caregivers only)
- Fifteen minute discussion questionnaires after each instructional video (online for dementia caregivers only)
- Two hour focus group (via Zoom, for dementia caregivers)

The study involves one to twelve hours of online participation depending on whether you complete the online survey only or enter into the clinical trial.

You may be eligible to participate if you are:

- **Lesbian, gay, bisexual, or transgender**
- **18 or older**
- **Consider yourself to be a primary caregiver for another adult (for at least three months) OR**
- **Consider yourself to have formerly been a primary caregiver for another adult (for at least six months no more than five years ago)**
- **Have normal memory and thinking abilities**

CONTACT US TO LEARN MORE:

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<https://is.gd/equalityincaregiving>

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