



**Want to Stay Alert and Active for You  
and Those you Love?**

To learn more please call: **404-712-9911**  
or e-mail: [whartonlab@emory.edu](mailto:whartonlab@emory.edu)

### ***What is the goal of ACE?***

The main purpose of ACE is to determine if taking Equol, a plant-based supplement, could slow the progression of stiffening of the arteries, small blood vessel disease in the brain and memory decline.

### ***Who is able to participate in this study?***

ACE is open to African-American or Caucasian **Men and Women, aged 65 to 85 years old** who meet the eligibility criteria.

### ***What is involved to participate?***

We will ask you to complete 7 clinic visits over a two year period so that we can evaluate any changes. Clinic procedures will include:

- Magnetic Resonance Imaging (MRI) of the brain
  - Carotid Ultrasound of the arteries in the neck
  - We will ask you to take soy tablets daily for 24 months
- You will receive results of some assessments, will be compensated for your time and, if needed, transportation can be provided at no cost.

